

Bluebird Times



February 2024

February is often known for being a month dedicated to and all about love. But February is not only about valentines and sweethearts; instead it can also be a month for self-love and self-care, fostering relationships with family and friends, and loving others.



Customer/Family coffee Afternoon

We would like to invite you all to our coffee afternoon which takes place the last Friday of each month. Our previous coffee mornings have been a huge success.

The aim of our coffee morning/afternoon is to give you chance to meet with our office team, our carers and even other customers who we support. We would also love to hear your feedback or give any ideas you have about ways we could improve our services, future office events or just general discussions.

Our coffee events will vary in times to allow each of our customers the opportunity to attend. Our next coffee event will take place from 14:00 till 15:30 on 23rd February 2024. If you would like to attend, either alone or with family then please let us know.

We look forward to meeting you.



Employee of the Month

Carer of the month for January has been awarded to Simone.

Simone has been awarded Employee of the month for her dedication to her customers. Simone has gone above and beyond in her role. She has built up a great rapport with one of our customers, she has helped with shopping for new clothes, something he is unable to do alone, helping to source a talking microwave, new washing machine and a talking watch to promote his independence living in his own home.

Well done Simone, for your hard work and dedication, we are very proud to have you as part of our Bluebird Care Family.



Nominations for February carer of the month are now open, if you would like to nominate a carer you feel deserves recognition please contact the office.



Knit & Natter

On Friday 1st March between 1pm and 3pm we are looking at holding our very first Knit & Natter event. Our events are a great way to meet new people and have a chat. Our knitting, sewing and crochet sessions are open to anyone who would like to come along with whatever they are working on and share hints and tips over a cup of tea and a piece of cake.

If any of you would like to come along then please contact our office team so we can arrange booking you a space.



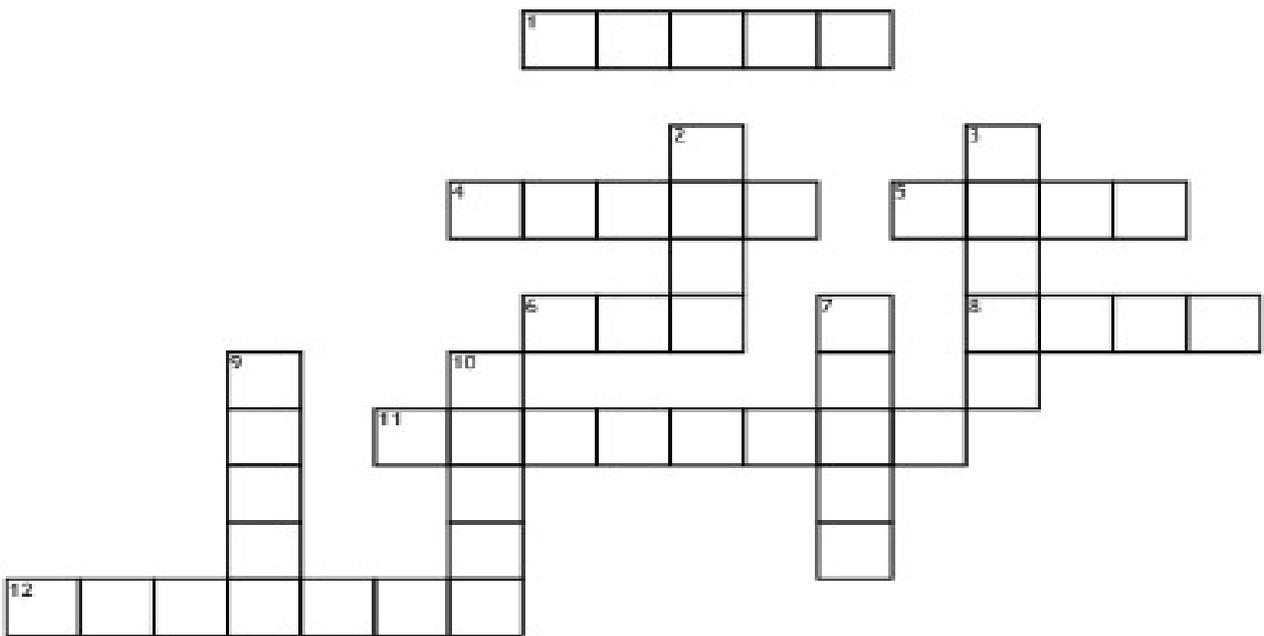
Flu Vaccinations

The flu vaccine helps protect against flu, which can be a serious or life-threatening illness. It's offered on the NHS every year to people at higher risk of getting seriously ill from flu.

If you're eligible for an NHS flu vaccine, you can contact your GP surgery to book an appointment.



♥♥ Valentine's Day ♥♥



Across

1. what you usually give or get on this day
4. he shoots love arrows
5. a valentine color
6. when you wrap your arms around someone
8. strong feeling of liking someone

11. the month of Valentine's day

12. you wrap this and tie it up with a bow

Down

2. something you wear on your finger
3. opposite of boys
7. what does cupid shoot

9. the most common type of flower to get on this day (red)

10. the shape of love



Meet the team!

