

Bluebird Times



May 2024

We hope your month is positively aMAYzing!!!!

Bluebird Fundraiser

Bluebird Care Stafford is seeking donation prizes for an upcoming raffle aimed at raising funds for a customer we support. This lady is sadly living with a rare terminal illness.

We are looking at raising enough money to fund travel insurance expenses for a cruise with her husband, one of her very last wishes.

Despite her own challenges, this remarkable individual has dedicated herself to fundraising for charities, notably Katherine House Hospice. Now, it's our turn to reciprocate and offer her the respite she so rightfully deserves.



We would greatly appreciate your support in making this endeavour a success by contributing prizes to our raffle or purchasing raffle tickets. With your generosity, we aim to raise a total of £1500. We have already made a great start selling tickets. This will be drawn on Friday 24th May at our Stafford Office.

We would like to invite you to this event which will commence from 11am until around 4pm. The raffle will be drawn around 2pm.

Employee of the Month

Employee of the month for April has been awarded to



Deb Yarnall

Deb has been awarded Employee of the Month due to her continued commitment to her role. She is very well liked by her customers and has an exemplary attendance record. She has consistently achieved the 100% attendance award and we are very thankful she is part of our Bluebird Care dream team.

Well done Deb!!!!



Nominations for May's Employee of the Month are now open, if you would like to nominate a carer you feel deserves recognition please contact the office.



Make May Purple

Make May Purple/Action On Stroke Month is arranged by The Stroke Association and runs annually throughout the month of May. The purpose is to raise awareness of Strokes and the impact it has on sufferers and their friends and families as well as educating the general public on the signs and symptoms of strokes, what causes strokes, what happens during a stroke and what to do in the event of someone suffering a stroke.

Could you spot the signs of stroke?



Facial weakness



Arm weakness



Speech problems



Time to call 999



Forward the **FAST** test to your friends and family. Act **FAST** and save more lives.

stroke.org.uk/fastforward

Stroke
association

IMPORTANT

Face weakness: Can the person smile? Has their mouth or eye drooped?

- **Arm weakness:** Can the person raise both arms?
- **Speech problems:** Can the person speak clearly and understand what you say?
- **Time to call 999:** if you see any of these signs.

Acting **FAST** will give the person having a stroke the best chance of survival and recovery. Always **call 999** straight away.

Useful Contacts

Staffordshire County Council Adult Social care team

-0300 111 8010

Staffordshire Adult Safeguarding

To report concerns about an adult please contact:

-0345 604 2719

The Silver Line Helpline (Free)

-08004708090

Equality Advisory Support Service

-0808 800 0082.

www.equalityadvisoryservice.com.

What's on locally

Parkinson's support groups-

Local group meetings are regular get togethers where you'll be able to meet other people affected by Parkinson's. Lots of local groups also offer a range of other activities including chances to get active.

Groups:

- **Stafford group meeting**– The Northfield Centre– Stafford– Monthly on the first Monday 19:00 until 21:00
- **Stafford Branch Exercise Class** -The Northfield Centre– Stafford– Weekly, every Friday 11:15 until 12:00
- **Bluebird Care Stafford** – monthly coffee catch up's. These are held the last Friday of each month. Times and dates are always confirmed in the monthly bulletin.



Puzzle Corner

What am I?

1. Tall to short. I'm tall when I'm young, and I'm short when I'm old. What am I?
2. I have to be broken before you can use me. What am I?
3. I have teeth, but I don't eat. What am I?

A Candle, An Egg, A Comb

Types of dog wordsearch.....

N	R	S	C	F	F	I	T	S	A	M	O	T	H
H	N	I	O	C	B	U	L	L	D	O	G	T	E
S	R	N	L	H	R	W	E	E	L	G	A	E	B
N	E	A	L	I	P	E	B	G	D	T	I	D	I
U	L	I	I	H	E	A	I	O	O	L	R	R	O
H	I	T	E	U	D	C	E	R	X	P	I	E	M
C	E	A	U	A	P	N	O	O	R	E	D	H	E
O	W	M	D	H	S	I	U	R	E	E	R	P	T
D	T	L	A	U	E	O	N	H	G	D	T	E	C
I	T	A	B	A	T	N	I	S	S	I	A	H	R
L	O	D	B	S	T	C	A	H	C	H	E	S	U
M	R	P	O	I	E	C	T	G	L	H	C	G	L
D	H	O	S	R	R	R	E	E	N	N	E	A	D
P	B	X	U	S	T	H	O	U	N	D	L	R	D

BULLDOG
PINSCHER
DALMATIAN
MASTIFF
BOXER
SHEPHERD
BEAGLE
TERRIER
SETTER
CORGI
ROTTWEILER
CHIHUAHUA
COLLIE
HOUND
DACHSHUND

New Bluebird Care Recruits.

We would like to wish a very warm welcome to our new carers, Ellie, Eressia, Katie and Danielle.

We wish you all the best in your new role and I am sure you will get to meet them all very soon.



Meet the Team!

