



If you're considering **home care** versus residential care, here are **six things you should know.**



1 Working with you

Home care is just what it says - the care you need delivered in your own home in just the way you want it.

Being in your own home means you can continue to live your life the way you want to and as flexible as you always have.

No strict routines or timetables - just you enjoying your meals, outings or interests when you want to, all with the support of your own care assistant.



2 The right care in your own home

As and when ill-health or lack of independence hits, many feel their only care option is a residential care home. This is often met with resistance, upset, a loss of identity and in some cases, an advancement of age-related health problems. Staying at home removes these anxieties and in fact, can delay early onset dementia as well as speed up recovery after illness.

With the right care and support, it is possible to stay at home. You can enjoy that cup of tea served in your favourite china, the log fire burning in the grate, the beloved pet snoozing at your side all with the care you need close at hand.



3 Your very own care team

We will care and support you with the same compassion and attention as your own family, but with the added benefit of our extensive training and expertise. We arrive with a smile, energy and a cheeriness to make you smile too. With one-to-one care, we quickly understand your personality and are keen to keep your independence and interests going for as long as possible.

You and your family can enjoy peace of mind - knowing you're being supported by a team of trained professionals who are solely there to care for you, in your home.

4 One size never fits all

There are all kinds of services to choose from with Bluebird Care, from full live-in care to simply some help with your shopping. You tell us what you need and we create a care package for you.

We appreciate that your needs and wants may change with time and inclination. We're always here to listen and to flex our services in order to respond to your needs as they change.

We always respect you and the lifestyle you choose in the home you love.



5 Live life as you want to

Receiving care in your own home is an opportunity to continue to experience all that life has to offer. You really can have the best of both worlds with the freedom and sanctuary that your own environment affords and the flexibility of the right care when you need it.

In your own home, you can continue to be yourself and maintain hobbies you might have as well as creating new and enjoyable memories.



6 Friends, family and the community

Home is where you've put down your roots and you enjoy your neighbours, your friends, your family and the local community.

With home care, you stay firmly in that community with the support, love and friendship that's so important and maintain that sense of belonging.





Bluebird Care East Staffs & South Derbyshire

01283 487373

eaststaffs@bluebirdcare.co.uk

bluebirdcare.co.uk/east-staffs-south-derbyshire



Referred to by our customers as 'lovely blue angels' we deliver award-winning home care as personal as you are.